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IFSC Code: SBIN0018879

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Mrs. Deepika Pandey



**ONE DAY
WORKSHOP FOR STUDENTS
POSTER COMPETITION
(solo)
&
RANGOLI COMPETITION
(Solo & Group)
On 18th March 2019
On the theme of Seminar**

Note: Students interested to participate in above activities must register themselves to Mrs. Deepika Pandey, Department of Social Work, up to 28th Feb. The Competitions (Poster & Rangoli) will be held on 18th March from 2 pm onwards. Candidates participating in poster competition have to bring their colours, drawing sheet will be provided by the organizers. For Rangoli Competition colours will be provided to participants.

Venue : Rajat Jayanti Sabhagaar GGV

No registration fee for workshop and competitions, workshop participation certificate will be granted to students and WINNERS (I, II & III) of competitions will be awarded.

Students interested to participate in Seminar can access details from university website or may contact in the Department.

Contact Person -

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**National Seminar
on
"Drug Abuse
Effects and Risks to Youth"**

18 - 19 March 2019

Sponsored by

**National Institute of Social Defence
(NISD) New Delhi**



Organized by

**Department of Social Work
Guru Ghasidas Vishwavidyalaya
(A Central University)
Bilaspur (CG) 495009**

Concept Note: The prevalence of material related to drug abuse on television, in the news media and in messages in communities has made drug abuse seem like a widespread epidemic, commonly associated with negative stereotypes. Sometimes the media portray drug abuse as "cool" and adventurous. Whether the portrayal is positive or negative, substance abuse is often seen as a free choice, and those who abuse drugs face harsh attitudes and prejudice from others who see them as weak and selfish enough to choose to abuse drugs. But what are the real reasons why some people end up abusing drugs and other do not? There are various risk factors that can affect young people, such as living in a neighborhood where drug dealing and drug abuse are taking place and where out-of-school activities are not available. Economic strain on families where parents struggle to meet living costs can influence family relationships negatively, while spending time with peers who are involved in drugs or delinquency while seeking adventure puts young people at higher risk of falling prey to drug abuse. As a consequence of these kinds of risk factors, young people may suffer from mental health problems, making them even more vulnerable to substance abuse.

Youth is also a time for self-discovery and trying new things. Fortunately, the actual number of young people experimenting with drugs is smaller than young people tend to think, but it is still alarming. Young people are influenced by a number of factors at any given time. A person's temperament or personality traits, factors such as the stability of their upbringing, family life and bonds with family members and factors related to school, such as positive involvement in school activities, as well as community factors, such as the degree of availability of illicit drugs, all influence young people's development, day-to-day lives, relationships with family, friends and peers and self-image.

However, a young person might be exposed to various negative risk factors and still never try drugs, thanks to a number of protective factors that also exist at the individual, family and community levels. These might include, at the individual level, a good sense of discipline, healthy self-esteem, good problem-solving skills, good self-expression abilities, a good ability to recognize and communicate emotions, an ability to

maintain mental wellbeing and to cope with stress or anxiety and an ability to establish personal goals. At the family level, strong, healthy parental bonding and consistent family rules may help to protect family members from risky behaviour. At the community level the protective factors include attending a school that has explicit policies on substance abuse and living in a safe and caring community that supports the wellbeing of its members. Sadly, once a person starts abusing drugs, the risk factors tend to outweigh the protective factors. Risk factors such as poverty, the availability of drugs and alienation grow even stronger as a person becomes more dependent on drugs.

Exploring perceptions of drug abuse as a whole and people who abuse drugs in particular is an important first step towards the goal of achieving better insight into the reasons for drug abuse, which contributes to the prevention of drug abuse and its consequences among youth. The good news is that the protective factors can be strengthened if young people learn new and improve existing skills before they experiment with or start abusing drugs. Different programs are designed by national and international organizations to combat and intervene with drug addiction and acclimatized for rehabilitation. The National Institute of Social Defence (NISD), an Autonomous institute under the Ministry has been conducting various awareness and capacity building programs on the issues of drug use/abuse in collaboration with various Institutes and Agencies in different States and UTs.

This program and its activities are focused to explore the factors behind increasing drug addiction among youths, explore the risks and consequences on individual as well as society. Main purpose of this program is to disseminate awareness among youth to stay away from drugs specially the students who are the future of nation and hope of their families.

Sub themes:

- Drug abuse and minors
- Drug abuse/substance abuse and youth
- Exploiting medicinal drugs
- Sports and drugs

- Youth and risks of drug abuse
- Reasons of drug abuse in youth
- Drug abuse and crime rates among youth
- Ethnic and cultural traditions leading to drug abuse
- Addiction and recovery
- Preventing drug abuse- Role of different agencies
- Rehabilitation and re-socialization of drug addicts
- Drug abuse and legal discourse
- Any other related to theme

Call for Papers: Papers on above theme are invited from academicians, researchers, practitioners, and students from any discipline. Paper can be presented oral and in poster.

Full papers with abstract and brief synoptic profile of author(s) in MS word, font size 12 in Times Roman with 1.5 linespacing, with cover page including- title, name of author and co-author, designation, institutional affiliation, contact details, email id are to be submitted through email on seminarggvsocialwork@gmail.com latest by **15 March 2019**. Participants are requested to follow the guidelines of APA style 6th edition.

Publication: Quality research papers and articles selected by committee members will be published in an edited book or Journal by reputed publisher and will be released in the seminar.

Deadlines:

Submission of abstract & Full Paper : **15 March 2019**

Registration Fee

Students: Rs. 500/-

Research Scholars & Faculty Members : Rs. 800/-

Note: In case of joint authorship both authors registration is mandatory. Registration fee includes seminar kit, certificate, lunch, and tea. Registration fee may be send via online transfer/NEFT/cash deposit to the following account: